

Apple Cake

HACCP Process: _____ 1 – No Cook X 2 – Cook & Same Day Serve _____ 3 – Cook, Cool, Reheat, Serve _____ 4 – SOP Controlled

Ingredients * Indicates a commodity item (Local) Indicates a local item	Servings		Directions: Include <i>step-by- step instructions</i> , the <i>critical control points (CCP)</i> (specific points at which a hazard can be reduced, eliminated or prevented) and <i>critical limit</i> (time and/or temperature that must be achieved to control a hazard).
	50	100	
Vegetable oil* Granulated sugar Eggs, fresh or frozen* Vanilla extract Apples, canned, sliced, water packed* Whole wheat flour (Local) Salt Baking Soda Cinnamon	1 ³ / ₄ cups + 1 ¹ / ₂ Tbsp 1 lb + 6 ¹ / ₄ oz 2 large 2 1/8 tsp ³ / ₄ #10 can 3 2/3 cups + ¹ / ₂ Tbsp 1 3/8 tsp 1 3/8 tsp 2 ³ / ₄ tsp	3 2/3 cups + ¹ / ₂ Tbsp 2 lb + 12 ¹ / ₂ oz 4 large 1 Tbsp + 1 1/8 tsp 1 ¹ / ₂ #10 cans 1 qt + 3 3/8 cups 2 ³ / ₄ tsp 2 ³ / ₄ tsp 1 Tbsp + 2 ¹ / ₂ tsp	Mix oil and sugar well. Add eggs and beat well. Add vanilla. Drain and chop apples. Mix with wet ingredients. Mix flour, salt, soda and cinnamon. Add to wet ingredients; stirring until blended. Allow 4.5 lb mixture to each 12 x 18 pan. Rotate pan halfway through baking. Sprinkle with powdered sugar or top with whipped topping when cooled. Cut in 36 servings per pan. Cake will be very moist, but firm to the touch.

Serving Size 1/36th of pan Pan Size 12 x 18

Yield _____ Number of Pans _____

1 Serving Provides:

____ Meat/Meat Alternative
1/8 cup Fruit
0.5 oz. Grains/Breads (0.5 oz. whole grain)
____ Vegetable

Oven Temperature & Baking Time:

	Temperature	Minutes
Conventional	<u>325</u>	<u>1 hour +</u>
Convection	<u>300</u>	<u>45-50 min</u>

If available, **Nutrition Analysis:** **Serving Size:** 1 portion

<u>172</u> Calories	<u>1.17</u> Saturated Fat (g)	<u>0.1</u> Vitamin C (mg)
<u>1.56</u> Protein (g)	<u>104</u> Sodium (mg)	<u>25.7</u> Vitamin A (IU)
<u>8.57</u> Total Fat (g)	<u>2.0</u> Fiber (g)	<u>7.38</u> Calcium (mg)
<u>45%</u> Calories from Total Fat		<u>0.46</u> Iron (mg)

This recipe is from Cindy Trammel, Ridgeview Elementary School, Belgrade, Montana.